**Understand how beliefs are conveyed**

• Name some religious symbols.

• Explain the meaning of some religious symbols.

**Reflect**
• Identify the things that are important in their own lives and compare these to religious beliefs.

• Relate emotions to some of the experiences of religious figures studied.

• Ask questions about puzzling aspects of life.

**Understand practices and lifestyles**

• Recognise, name and describe some religious artefacts, places and practices.

**Understand beliefs and teachings**

• Describe some of the main festivals or celebrations of a religion.

• Describe some of the teachings of a religion.

Milestone 1

Year 1 & 2

**Reflect**

• Show an understanding that personal experiences and feelings influence attitudes and actions.

• Give some reasons why religious figures may have acted as they did.

• Ask questions that have no universally agreed answers.

**Understand how beliefs are conveyed**

• Identify religious symbolism in literature and the arts.

**Understand practices and lifestyles**

• Identify religious artefacts and explain how and why they are used.

• Describe religious buildings and explain how they are used.

• Explain some of the religious practices of both clerics and individuals.

**Understand beliefs and teachings**

• Present the key teachings and beliefs of a religion.

• Refer to religious figures and holy books to explain answers.

Milestone 2

Year 3 & 4

**Reflect**

• Recognise and express feelings about their own identities. Relate these to religious beliefs or teachings.

• Explain their own ideas about the answers to ultimate questions.

• Explain why their own answers to ultimate questions may differ from those of others.

**Understand how beliefs are conveyed**

• Explain some of the different ways that individuals show their beliefs.

**Understand practices and lifestyles**

• Explain the practices and lifestyles involved in belonging to a faith community.

• Compare and contrast the lifestyles of different faith groups and give reasons why some within the same faith may adopt different lifestyles.

• Show an understanding of the role of a spiritual leader.

**Understand beliefs and teachings**

• Explain how some teachings and beliefs are shared between religions.

• Explain how religious beliefs shape the lives of individuals and communities.

Milestone 3

Year 5 & 6