

Timetable of activities

This timetable runs from Monday 5 September to Friday 16 December 2016

***Play activities start from Monday 12 September and run term time only.**

For queries about activities in any of the centres, please call

0191 561 8126

North Children's Centre

Bunny Hill Customer Service Centre, Bunny Hill, Hylton Lane, Sunderland SR5 4BW

Monday

***Play Space**
(birth to five years)
9.30-11am

Preparing for Baby
3.30-5pm

Tuesday

***Stay and Play**
(birth to five years)
9.30-11am

Baby Days
9-11am

***Toy Library**
9.30-11am

***Play Space**
(birth to five years)
1-3pm

Wednesday

***Time for Rhyme**
(birth to one year)
1-1.45pm

***Move and Rhyme**
(one to two years)
2.15-3pm

Thursday

***Play Space**
(birth to five years)
9.30-11.30am

***Baby Massage**
(six weeks to six months)
For more information and to book,
call 0191 561 8126.

Postnatal Clinic
9.30-11.30am

Friday

Bosom Buddies
10am-12noon

Maplewood Centre

Maplewood Avenue, Marley Potts, Sunderland SR5 5AY

Monday

Parent and Baby Drop in
9.30-11.30am

***Young Parents Plus**
20-25yrs old
1.30-3pm

Wednesday

Community Drop in
9.30-11.30am

***Young Parents**
1-4.30pm

Saturday

***Dads and Kids**
(birth to five years)
9.30-11am



Other venues

Monday

Southwick Community Centre

***Stay and Play**
(birth to five years)
9.30-11am

Fulwell Medical Centre

Baby Days

1.30-3.30pm

Wednesday

Monkwearmouth Health Centre

Baby Days

10-11.30am

Thursday

Redby Community Centre

Child Minder Network

9.15-11.45am

Silksworth Community Pool, Tennis and Wellness Centre

The School Run Mums

9.30-10.30am

Miss Tina's - Southwick

Bosom Buddies

10-11.30am

Austin House Family Centre

22 Shakespeare Street, Southwick, Sunderland SR5 2JX

Monday

Twins Group
1.30-3pm

Postnatal clinic
1.30-3pm

Tuesday

***Baby Massage**
(six weeks to six months)
For more information and bookings, please call
0191 561 8126

Wednesday

***Play Space**
(birth to five years)
9.30-11.30am

***Baby Massage**
(six weeks to six months)
For more information and bookings, please call
0191 561 8126

Friday

***Play Space**
(birth to five years)
9.30-11.30am and 1-3pm

Baby Days
9.30-11.30am

***Time for Rhyme**
(birth to one year)
9.15-10am and 10.30-11.15am

***Toy Library**
9.30-11.30am

Baby Massage

For parents and their babies, one hour session, once a week, for six weeks. To book call 0191 561 8126.

Preparing for Baby

Helping prepare you and your partner to become parents. For more information please contact your midwife.

Bosom Buddies

Whether you're thinking about breastfeeding, or breastfeeding already, meet other mams and children.

Baby Days

Come and meet other parents, get information, advice and have your baby weighed.

Toy Library

Toys, art and craft materials with a special selection for children with additional needs.

Sensory Room

Available to book. For more information please call 0191 561 8126